

PREVENTION & CARE OF INJURIES

Students will build their awareness of the duties and responsibilities in protecting the health of athletes. Students will gain knowledge aimed at preventing injuries through conditioning, weight training, stretching and proper nutrition. STUDENTS MUST BE ABLE TO ATTEND ALL 20 HOURS TO REGISTER FOR THIS COURSE. COST: \$ 119

PHYSIOLOGY FOR COACHES

Students will develop an understanding of how the body moves and how the laws of force affect that movement. STUDENTS MUST BE ABLE TO ATTEND ALL 10 HOURS TO REGISTER FOR THIS COURSE. COST: \$ 65

HUMAN GROWTH & DEVELOPMENT FOR COACHES

Students will explore the basic concepts of human growth and development of children in the 5th through 12th grades who participate in athletic events sponsored by a school system. STUDENTS MUST BE ABLE TO ATTEND ALL 10 HOURS TO REGISTER FOR THIS COURSE. COST: \$65

TECHNIQUES, THEORY & ETHICS OF COACHING

Students will learn the theory and techniques for coaching all interscholastic athletics. Special emphasis will be given to motivation, public relations, the nature of coaching, principles of conditioning and organization and administration. Students will also gain knowledge and understanding of professional ethics and legal responsibilities of coaches. STUDENTS MUST BE ABLE TO ATTEND ALL 15 HOURS TO REGISTER FOR THIS COURSE. COST: \$ 80

FOR REAUTHORIZATION ONLY

PROFESSIONAL ETHICS FOR COACHES

In this course, students will gain knowledge and understanding of professional ethics and legal responsibilities of coaches as outlined in the Iowa Code. This course meets the requirements for renewal of coaching authorization licenses. STUDENTS MUST BE ABLE TO ATTEND ALL 5 HOURS TO REGISTER FOR THIS COURSE. COST: \$ 35

**ALL CLASSES ARE HELD AT THE EASTERN IOWA
COMMUNITY COLLEGE DISTRICT URBAN CENTER,**

306 WEST RIVER DRIVE, DAVENPORT

79967 PREVENTION & CARE OF INJURIES

Mondays, August 23, 30 September 13, 20, 27
6:00 – 10:00 p.m.

79969 PHYSIOLOGY FOR COACHES

Tuesdays, August 24, 31 September 7
6:00 – 9:30 p.m.

79971 HUMAN GROWTH & DEVELOPMENT FOR COACHES

Wednesdays, August 25 September 1, 8
6:00 – 9:30 p.m.

79976 TECHNIQUES, THEORY & ETHICS OF COACHING

Thursdays, August 26 September 2, 9, 16
6:00 – 9:45 p.m.

FOR REAUTHORIZATION ONLY

79978 PROFESSIONAL ETHICS

Thursday, September 9
5:00 – 10:00 p.m.

79284 CHILD & DEPENDENT ADULT ABUSE MANDATORY REPORTER - HOMESTUDY

(Must be taken to receive
your reauthorization in the State of Iowa). Cost: \$ 20



Call Julie Aye at 563-336-3305 or 800-462-3255 for more information.

To register, telephone the college nearest you or toll free 1-888-336-3907.

Clinton (563) 244-7100 OR Muscatine (563) 288-6100 OR Scott (563) 441-4100